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Chris demos ideal petanque throwing form.

# Sierra Nevada Canoe & Kayak Club Newsletter May / June 2021

#### Our Annual Picnic—May 27

All SNCKC members and their (fully vaccinated) family and friends are invited to attend our annual picnic BBQ potluck. New members are especially encouraged to come to meet everyone and have fun!

The gathering will be at Western Gateway Park in Penn Valley, (covered picnic area #2) from 4:30 to 7:30. Bring a potluck item to share: appetizer, salad, side dish, or dessert and serving tool; meat or veggie to grill; preferred beverage; plate and utensils; and a chair for social hour and watching games. Petanque and lawn games will begin about 4:30. (For petanque, pre-register with Joe Abrell at star\_flower@comcast.net.) BBQing will begin about 6 p.m.

Directions: Take Hwy. 20 west from Grass Valley to the signal at Pleasant Valley Rd, turn left; turn right to stay on Penn Valley Dr. for about .9 miles; take next right into the park at Easy St., and left again into the first parking area. About 15 minutes from Grass Valley.

#### Camp Cookin' - June 24

Lani Brunmeier and Diana Abrell will talk about and demo some quick, easy, fun, and green ways to enjoy camping meals. We can now gather again at Seamans Lodge in Pioneer Park. So bring a dish for a potluck supper. Social hour at 6 p.m., dinner at 6:30, and brief business and program at 7:00.

## **Trips**

June 2 Englebright

June 7—11 McArthur/Burney & Ahjumawi

June 19 Rollins

July 12-16 Union Reservoir (Sunset Cpgd)

August 19-23 Twin Lakes (Bridgeport)

September 14-17 Elkhorn Slough & Monterey

October 11—15 Tomales Bay (Pt. Reyes) Leader

Colleen Wirth

Joe / Diana Abrell

Randy Aust

Wendy Thibeault

Marlee Chamberlin

Chris Crain

Randy Aust



Wendy, the trip organizer

# SNCKC Officers

President Chris Crain Trip Chair Joe Abrell

Marlee Chamberlin Program Chair

2021-2022

Treasurer Colleen Wirth June Anderson Secretary Susan Rossman Membership Carol Yoder WebMaster &

Communications

Newsletter Diana Abrell Founder & Kit Wiegman

Honorary Member





Ron and Lani

Paddling the beautiful, but a bit mucky and green (see above) Cache Creek.



Colleen and Bodhe

An April Trip to Clear Lake

## What's Been Going On?

#### Lake Clementine - April, 2021

Photos and summary by Chris Crain

Perfect conditions greeted seven club members, who enjoyed SNCKC's first official paddle since this Covid mess began. Calm water, full lake, sunny weather, few other boaters, otters, and pleasant paddling companions made for a nice inaugural outing.





#### Scott's Flat—May 2021

Photos by Chris Crain, Summary by Diana Abrell

Nine folks paddled the perimeter of Scott's Flat Lake on "No Motor Day," which made kayaking smooth and quiet. It was a beautiful day. We put in at the Cascade Shores launch and ate lunch on a low-lying stretch of beach. The water level was a bit low, but still plenty full for paddling. Six paddlers topped off the day with a refreshment and petanque stop at the Wheelhouse.





#### **SNCKC's COVID Policy**

Just a reminder that SNCKC's policy adopted in April 2021 is that all those attending any SNCKC event, including paddles, meetings, and other gatherings, outdoors or indoors, must be fully vaccinated.

A few folks joined or renewed their membership before that policy was adopted and have not yet signed the COVID waiver, which affirms they are fully vaccinated. If you have not signed that waiver, please send it

SNCKC, P.O. Box 1513, Grass Valley, CA 95945

Or call or text Membership Chair Susan Rossman at 265-6146

### A Special Paddle—April 14, 2021

By Brenda Gillarde

It was a bright and sunny April day when we headed out from the shores of Englebright Lake for a day of paddling and camaraderie. A special guest accompanied us... Anna Woodhall. She is a recent graduate from California Baptist University in Riverside California with a Bachelor of Arts in photography. As part of her senior project she wanted to observe up close and personal the benefits of paddling for people of all ages, including those in our genre! She was an absolute delight to have on our paddle, and hope she will join us again on a future outing.

Even though we have all been to Englebright many times it never fails to reveal something unique or special. The hills were ablaze with wildflowers which delighted the eye as well as the senses. The contrast between the yellow of the wildflowers and the green blanketed hills was beautiful. It felt good to be on the water again working out our



Photos by Anna Woodhall





somewhat rusty joints and taking in the serenity of the day. Here is how Anna experienced her time on the water with us....

"As a guest on the paddle on Englebright Lake I thoroughly enjoyed myself. I am merely a hobby kayaker, so I learned a lot from the many helpful members who were happy to share their years of paddling knowledge. Being an inexperienced paddler, not to mention lugging my Canon camera along with me to document the paddling experience as a portion of my college senior project, at times it was a challenge to keep up, but everyone was encouraging, friendly, and positive the whole way, talking and laughing with one another. We enjoyed the natural beauty around us as we paddled up the deep turquoise waters and observed the different varieties of purple, yellow, and orange wildflowers along the shore. Basking in the sunshine, exerting my body, and meeting new people from the club was a wonderful experience. The physical exercise felt good and the social interaction and enjoyable conversations we had were especially meaningful and good for the soul amidst the covid-19 pandemic. It was a great day out on the lake and I would gladly do it again!"

I think Anna encapsulates why we love to be in our kayaks! Happy paddling to all this season!

# More Good Times on the Water

Fuller Lake May 2021



Colleen and Bodhe



Food and fun at the Grass Valley Rifle, Rod, and Gun Club Lodge at Fuller Lake.



Photos by Alan Cary and Tom Stone



A beautiful lake on a beautiful day.

#### **Consumnes River Preserve Trip**

By Joe Abrell

On Saturday, May 1, four members participated in a SNCKC trip to the Consumnes River Preserve, about 25 miles or so south of Sacramento, just off Interstate 5.

Although the main parking lot was full of cars, not many boaters were seen once we were on the water. We paddled on the Consumnes River and associated backwaters, and on the Mokelumne River. We were on the water, including a lunch stop, about 4 ½ hours or so, and paddled 10.6 miles.

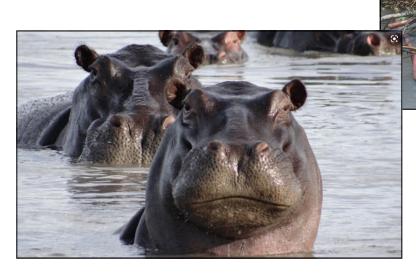
We saw otters and many, many turtles. However, the most impressive wild animal display were the numerous fairly large carp which were spawning. They seemed to be everywhere, including tangled up in a beaver dam they were trying to get thorough. Chris paddled into the brushy dam and untangled one carp so it could be on its way. Carp, being an invasive species, triggered a discussion on the water of invasive species. Associated photos may or may not reflect that discussion rather than actual experience on the trip. A breeze came up as we were heading back to the launch, but in essence, the weather was near perfect.



One of many turtles along the Consumnes



Cruisin' down the river.



Rarely seen invasive species.

Carp entangled in a beaver dam.

Photos by Chris Crain