



In This Issue

- p. 1 Upcoming Programs
- p. 2 Upcoming Trips
- P. 3. Rescue Clinic
- P. 4 Twin Lakes
- P. 5. Bullards Bar and Donner Lakes
- P. 6 Silver/Caples Lakes



Sierra Nevada Canoe & Kayak Club Newsletter Sept./Oct. 2022

Programs

Sept. 22—Kayaking Skills and Tips with Gary Moon

Our September program will be videos illustrating various kayak skills, presented by Gary Moon.

Kayak skill videos are abundant on YouTube, of course. Some are actually clear and useful – others not so much. Gary has picked some which are best suited to our needs, and are well presented.

We'll start with an overview of basic strokes, followed by a close look at the subtle details of an efficient forward stroke. Then we'll look closely at bracing, edging, self rescue techniques. The last video will be a scenic "dessert" showing kayakers exploring the beautiful Maine coast.

6:00: Social time

6:30: Potluck Dinner

7:00: Club business followed by Gary Moon's presentation

Oct. 27—Stream Monitoring with Helen and Kyle

Sierra Streams Institute's Helen Fitanides and South Yuba River Citizens League's Kyle McNeil will talk about the water quality monitoring programs on the Yuba River, Bear River and Deer Creek. Learn about the locations, the parameters, the equipment, the collaboration, what they do with the information and their "Community Science Programs." They'll also do a show and tell with their monitoring equipment so you can see it up close.

Social time, potluck, and program will be the same as above.

Day Paddles Sept.- Jan. 2022-23

Sept. 24	Lake Tahoe at Bliss	Chris Crain
Oct. 12	Lake Clementine	Susan Shanelec
Nov. 16	Lake Natoma	Sharon Cabello
Jan. 3	Englebright	Marlee Chamberlin

For questions about any particular trip, please contact the trip leader.

Let the Leader Know!

Just a reminder that it is mandatory all members let the trip leader know if they intend to go on a trip or cancel their plans to go on a trip. This is especially important for camping trips.

For organizational, enjoyment, safety, and sometimes financial reasons, it is the leader's responsibility to know who is going, what site they have reserved (if camping), when they plan to arrive and leave, and to be informed in case they need to cancel.

We all appreciate the time and effort our trip leaders expend to arrange successful, enjoyable, and safe trips. **Please do your part** so we can continue to recruit leaders and have fun trips.

Thank you.

Your SNCKC Board



Save the Date!!

Our Annual Holiday Party is set for Friday evening, December 9, at Seamans Lodge. Details to follow.

We can always use volunteers to help plan, decorate, set up, etc. Contact President Chris Crain, 530-477-0616, cgcraing@gmail.com, If you can help.

SNCKC's COVID Policy

Just a reminder that SNCKC's policy adopted in April 2021 is that all those attending any SNCKC event, including paddles, meetings, and other gatherings, outdoors or indoors, must be fully vaccinated. An amendment to that policy adopted in January 2022 is that fully vaccinated includes one or more booster shots.

Rescue Clinic



It's not graceful, but it works.

Thanks to Gary Moon
for organizing our
rescue clinic.

Photos by Marlee
Chamberlin



Easy-Up Canopy Available to Borrow

SNCKC owns a canopy which is available for any member to borrow for club camping and events. If interested, contact Chris Crain, at whose house the canopy resides.

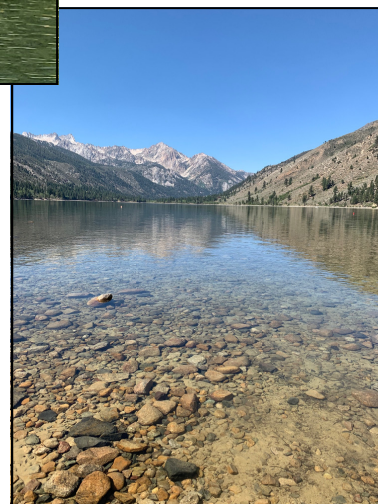


Twin Lakes

The consensus was Twin Lakes was a great trip! It included paddling three different lakes, hikes, petanque, and campfires. Thanks go to Marlee Chamberlin for organizing the trip.



Photos by Alan Cary and Janis McGregor.



It's not a SNCKC camping trip without petanque.

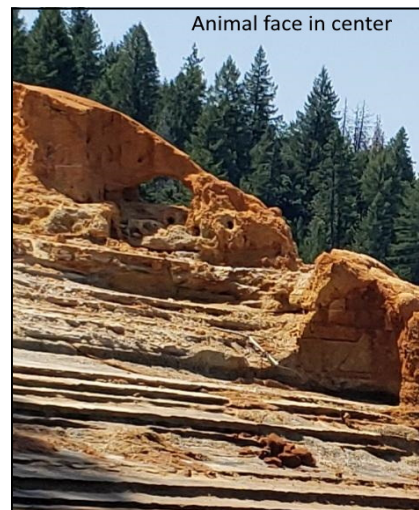
"Oh, maybe I should just ask for water next time."



Bullards Bar - Cool Water on a Hot Day

Six paddlers braved the heat wave to get out on the water at Bullards Bar. The water level was at 82% and the shoreline revealed interesting erosion-carved sandstone flanks. Marlee found a good spot for lunch with shade. Nancy and Wendy took to the water right away for a pre-lunch splash cool down. Marna had a good first outing in her new neon green Edyline Skylark. It was nice to see several new club members on the water.

Wendy Thibeault



Thank you, Wendy, for leading.

BBQ on Donner Lake

Thanks go to Marlee Chamberlin for organizing a lovely, windless-day paddle on Donner Lake. And to make it really special her Nevada City neighbor John prepared lunch on his Donner Lake house deck overlooking the lake. Thank you, John!!



Silver Lake—Hiking and Hanging Out



There was lots to do at Silver and Cables Lakes. Campers paddled the two lakes as well as Mono Lake (but we have no photos to prove it!), they hiked into Winnemucca Lake, a lovely lake at 8000 ft., and they hung around the campground, played games, and enjoyed the campfire in the evening.



Thanks go to Janis McGregor for leading as well as supplying most of the photos. The photo of the stark dead tree (left) was taken by our artist friend and former member Ellen Van Fleet (right).

