

S.N.C.K.C.

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# THE WET EXIT

A Monthly Newsletter for The Sierra Nevada Canoe and Kayak Club

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## 90 DAY ROLLING CALENDAR

	DATE	EVENT	TIME	
NOV	8th	No BOD Meeting	~~~~~	NOV
	18th	Lake Natoma Thanksgiving Potluck Paddle	10:30 Launch	
	23rd	No Member Meeting	~~~~~	
DEC	13th	No BOD Meeting	~~~~~	DEC
	15th	SNCKC Annual Holiday Party - Seaman's lodge	5:30	
	28th	No Member Meeting	~~~~~	
JAN	6th	Englebright Reservoir Day Paddle	TBA	JAN
	10th	BOD	5:00pm	
	20th	Rollins Lake Day Paddle	TBA	
	25th	Member Monthly Meeting	6:00pm	

DAY PADDLE TRIP INFO

CAMPING TRIP INFO

To see Paddling Event details click the links on either side of the calendar

## CAMPING PADDLE TRIPS - POSTED ANNOUNCEMENTS

2024

EVENT

ANNOUNCEMENT LINK

**McArthur-Burney Falls SP****May 17-21 Fri-Mon (4 Nights)\*\*****Trip Leader - Rachel Finson**

This is a heads up to go online  
Starting Friday, Nov. 17th to reserve  
your campsite for this paddle\*\*

**Englebright Res. Overnight****June - TBD****Trip Leader - TBD**

No Announcements at this time

**Sunset-Loon Lake-Union Res.****July - TBD****Trip Leader - Chris Crain**

No Announcements at this time

**Twin Lakes/Mono Basin****August 15-19 Fri-Mon (4 Nights)****Trip Leader - TBD**

No Announcements at this time

**MacKerricker SP****September - TBD****Trip Leader - Chuck Kastenholz**

No Announcements at this time

**Tomales/Olema****October - TBD****Trip Leader - TBD**

No Announcements at this time

For the most up-to-date information on any listed Paddle, see the website - [HERE](#)

**\*\*** Campsite reservations need to be made six months in advance, which means November 17. The campground fills quickly. Keep an eye out for McArthur-Burney emails with further instructions. The park offers great campsites and cabins in a beautiful wooded area with vistas of Mt. Shasta and Mt. Lassen. There are at least four different paddle locations within close range of the park. Burney Falls is almost always spectacular and there are several hiking trails within the campground.

## DAY PADDLE TRIPS PROPOSED FOR Q1, 2024

MO	DATE	DAY OF WEEK	VENUE	TRIP LEAD	LAUNCH TIME
JAN	6th	SAT	Englebright Res.	Rachel Finson	TBD
	20th	SAT	Rollins Lake	Chris Crain	TBD
FEB	3rd	SAT	Consumnes River	TBD	TBD
	24th	SAT	TBD	TBD	TBD
MAR	9th	SAT	Lake Clementine	TBD	TBD
	23rd	SAT	Camp Far West	TBD	TBD

Dates and Venues may change depending on the weather and trip lead availability

# Kayak Safety Device of the Month



## THE PADDLE FLOAT

One of the first self-rescues that many kayakers learn is the paddle float rescue. The paddle float rescue (reentry) uses an inflatable bag, called a Paddle Float, on the end of a paddle to act as an outrigger that helps stabilize the kayak as the swimmer gets into the boat. The paddle float itself is simple and is easily stored bungee-corded to the back or front of the kayak. With practice the technique can be fast and effective even in rough water.

it is also a great confidence builder for beginners. When a beginning Kayaker is paddling solo, the three basic self-rescues options are swimming to shore, the scramble or the Paddle Float. It's doubtful that a beginner will have a roll, and it's unrealistic to believe that the first thing a modern recreational kayaker will learn is the roll and in fact may never need to learn a roll if they have an effective and consistent reentry technique. The paddle float rescue is less exhausting than swimming the kayak to shore. It's easier than scrambling unaided, specially for people who don't have great balance. For a beginner, having had success with a Paddle Float is a great confidence builder when it comes to skill stretching on different stretches of water.

Practice. Practice. Practice.

## Different Methods of Performing the Paddle Float Reentry

Below are 4 YouTube links that show different methods of performing the self rescue using the Paddle Float.

- Jeremy Vore (this is the video that is listed on the SNCKC website under the Coaches Corner)
  - [Heel Hook Paddle Float Self Rescue - YouTube](#)
    - Heel Hook Paddle Float Method
- Neal Schroeter
  - [Six Ways to Use a Paddle Float to get into your Sea Kayak - YouTube](#)
    - Ankle Hook Paddle Float Method from behind the cockpit
    - Ankle Hook Paddle Float Method from in front of the cockpit
    - Heel Hook Paddle Float Method
    - Scramble or Cowboy Paddle Float Method
    - Stirrup Paddle Float Method
- Steve Bennett
  - [The Release Line Paddle Float Rescue - YouTube](#)
    - The Release Line Paddle Float Method
- Dan Arbuckle of Headwaters Kayak
  - [3 Kayak Rescues Every Paddler Should Know - YouTube](#)
    - The T Rescue Method (Two Kayaker Rescue)
    - The Heel Hook Method (Two Kayaker Rescue)
    - Paddle Float Method (Self Rescue)





# YOU ARE INVITED

To The

## Annual STUCK Holiday Party

Friday, Dec. 15th 2023

5:30pm

At the Seaman's Lodge

### BEVERAGES

- ◆ BYOB Please
- ◆ Coffee

- ◆ Auxiliary Libations
- ◆ Teas

### APPETIZERS

- ◆ Artisan Cheese Platter
- ◆ Brie Plate

- ◆ Antipasti Platter

### DINNER

- ◆ Holiday Sliced Ham
- ◆ Wild Mushroom Pasta

- ◆ Green Salad
- ◆ Layered Roasted Vegetable Polenta

### DESSERT

- ◆ Pumpkin Pie

- ◆ Ice Cream

- ◆ Apple Pie

### ENTERTAINMENT

- ◆ Mixed Holiday and Popular Music

- ◆ Member Readings

- ◆ For all you dancers at heart  
Reel-Virginia- Country-Square-Folk  
Dancing

*(Totally Optional But, Truly Great Fun)*

- ◆ A Fun Door Prize

### COST PER PERSON

**\$25**

### **RESERVE YOUR SEAT(S)**

At one of the magnificently  
decorated tables

Cut out the Event-card  
(Below) and fill it out.

Put it in an Envelope with a  
check for  
\$25 X Number of Attendees

DEADLINE TO SIGNUP/PAY  
IS

**December 2nd**

QUESTIONS?

Contact **Chris Crain** at  
**(530)263-0942**

or [cgcrair@gmail.com](mailto:cgcrair@gmail.com)





**Annual SNCKC Holiday Party**  
**R.S.V.P**

MEMBER:

	<i>Name</i>	<i>Amount</i>
1.	<input type="text"/>	<input type="text" value="\$"/>
2.	<input type="text"/>	<input type="text" value="\$"/>
3.	<input type="text"/>	<input type="text" value="\$"/>
4.	<input type="text"/>	<input type="text" value="\$"/>

☐ Check Enclosed      Total

CUT HERE

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## INSTRUCTIONS

1. Cut out the RSVP form
2. Fill it out with your name and the name of any guests you are bringing
3. Tally up the number of people and multiply that by \$25 to get a total amount to pay
4. Address an envelope to:  
**SNCKC C/O Colleen Wirth**  
**149 Windsor Ln.**  
**Grass Valley, CA 95949**
5. Stuff the envelope with the filled out form and a check payable to SNCKC for the total amount.
6. Put a stamp on it
7. Drop it in the mailbox BEFORE **December 2nd**

# CLUB MEETINGS and EVENTS

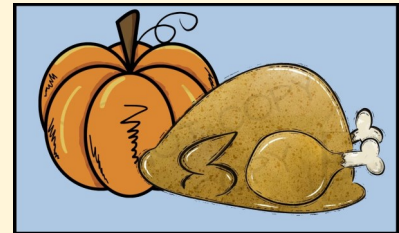
Monthly club meetings are typically held at 6:00 pm the fourth Thursday at *Seaman's Lodge in Pioneer Park, 427 Nimrod Street, Nevada City.*

## Upcoming Meetings

### Thursday, November 18th:

Lake Natoma Potluck Paddle

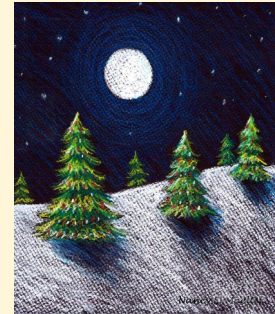
*(November 23rd, Thanksgiving Day—No Meeting)*



### Friday, December 15th:

SNCKC Christmas Party

*(December 28th—No Meeting)*

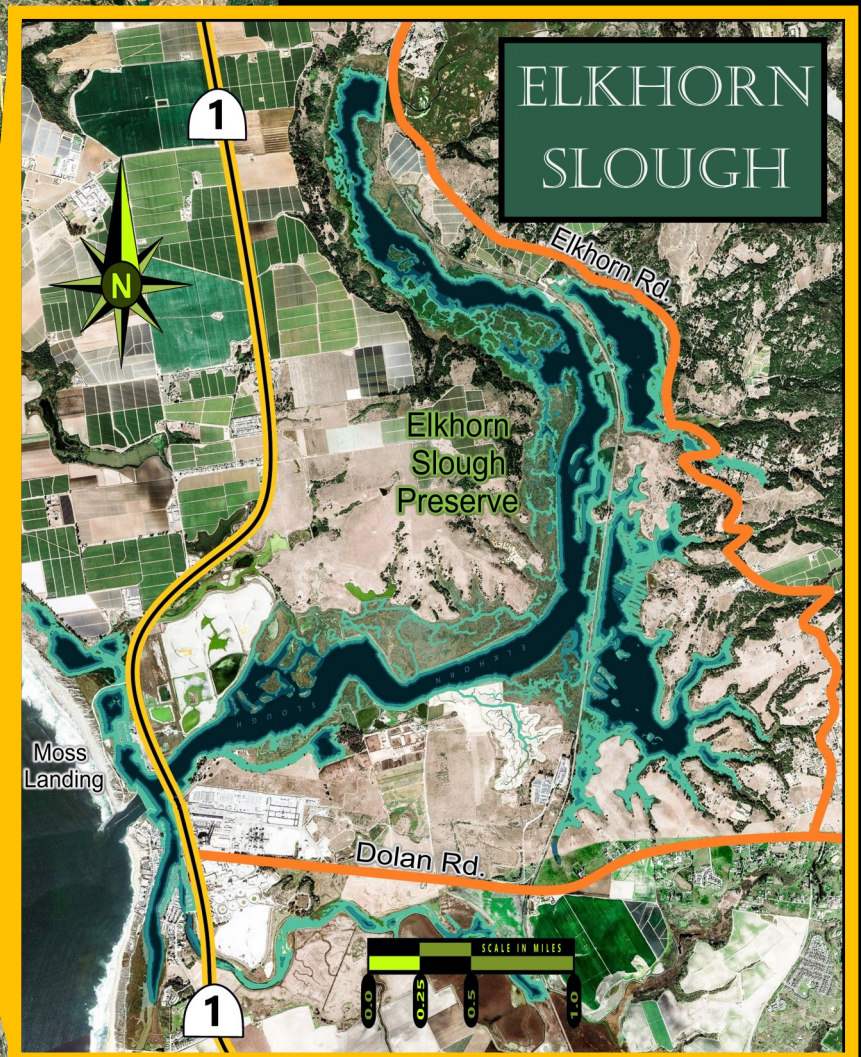






# ELKHORN SLOUGH CAMPING PADDLE

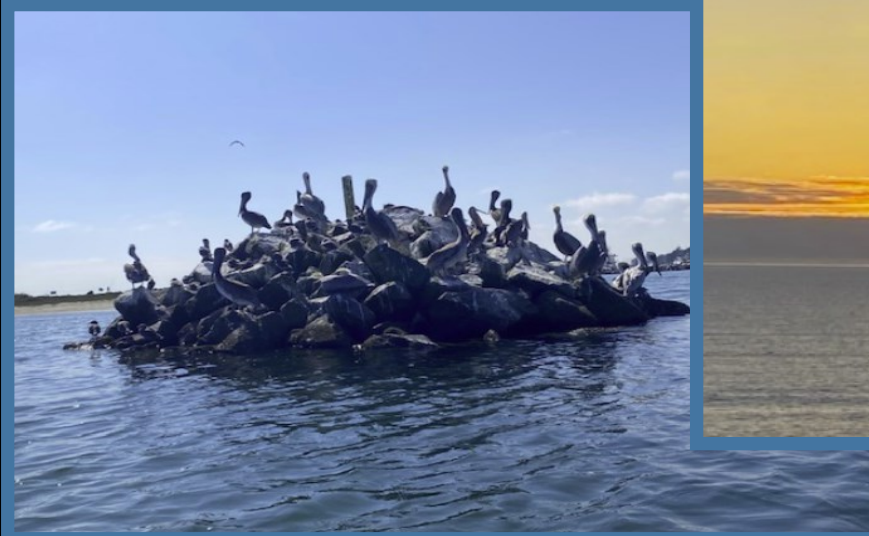
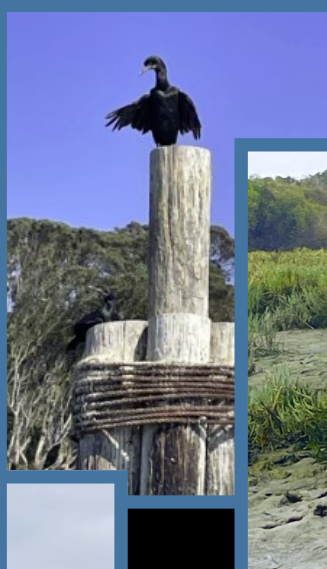
Sept. 21st—26th



Photos Next Page



## ELKHORN SLOUGH CAMPING PADDLE Sept. 21st—26th



Website Photos Click [HERE](#)







Hey All,

# Lake Wildwood Halloween

## Day Paddle NOVEMBER 4, 2023

Peter Smiles here.... SNCKC LWW paddle was cancelled for Saturday, October 28<sup>th</sup> due to forecasted big winds that did eventually show up..... 6 hrs. late. The paddle was rescheduled for next Saturday, November 4<sup>th</sup>, but Tuesday's weather forecast for that weekend was rainy and cold.

We were going to punt and cancel again but Keith waited and Wednesday's radar showed the system was moving N and LWW might be nice, so paddle was ON :).

Melissa from hiking club friend like to become a new member could use my fishing kayak. We the group at Lake Wildwood's



asked if she could join paddle as might but she had no kayak so, I said she loaded both kayaks at 10 Am and met Vista Park.

Wow, we had 13 folks come on tumes and some kayaks decorated-should get top costume awards... Debbie with the "monster-baby" saur boat.

this paddle, some wearing terrific cosed to the hilt. Ther are some who ... Chris with his "Scream" ghost outfit, infested kayak and Rachel in her Dino-

Another wow, the lake was flat, almost like glass, with no wind except a few breezes later and it was a totally sunny all day with the temperature around 70 when we launched. At times the lake was so still that reflections off the water were very crisp and quite beautiful.

We paddled a clockwise loop around Pine Island and then past the Dam and into Meadow where we took a full group photo at 3.9 miles right in front of the "Mafia house" ;). Then the group paddled into Hideaway and then into Deer Creek all the way to bridge.

Like herding cats, we tried to get another group photo in the tight creek area but ended up doing a series of shots. As we were paddling out of Hideaway the wind started to come up but it was only a refreshing 5-6 mph so no problems getting back to Vista Park.

We all helped each other load kayaks at Vista Park and enjoyed some lunch by the lake. After lunch many of us made a drink stop at Bullmastiff Brewing till 3 Pm or so.

What a fun Nov Fall Halloween paddle.

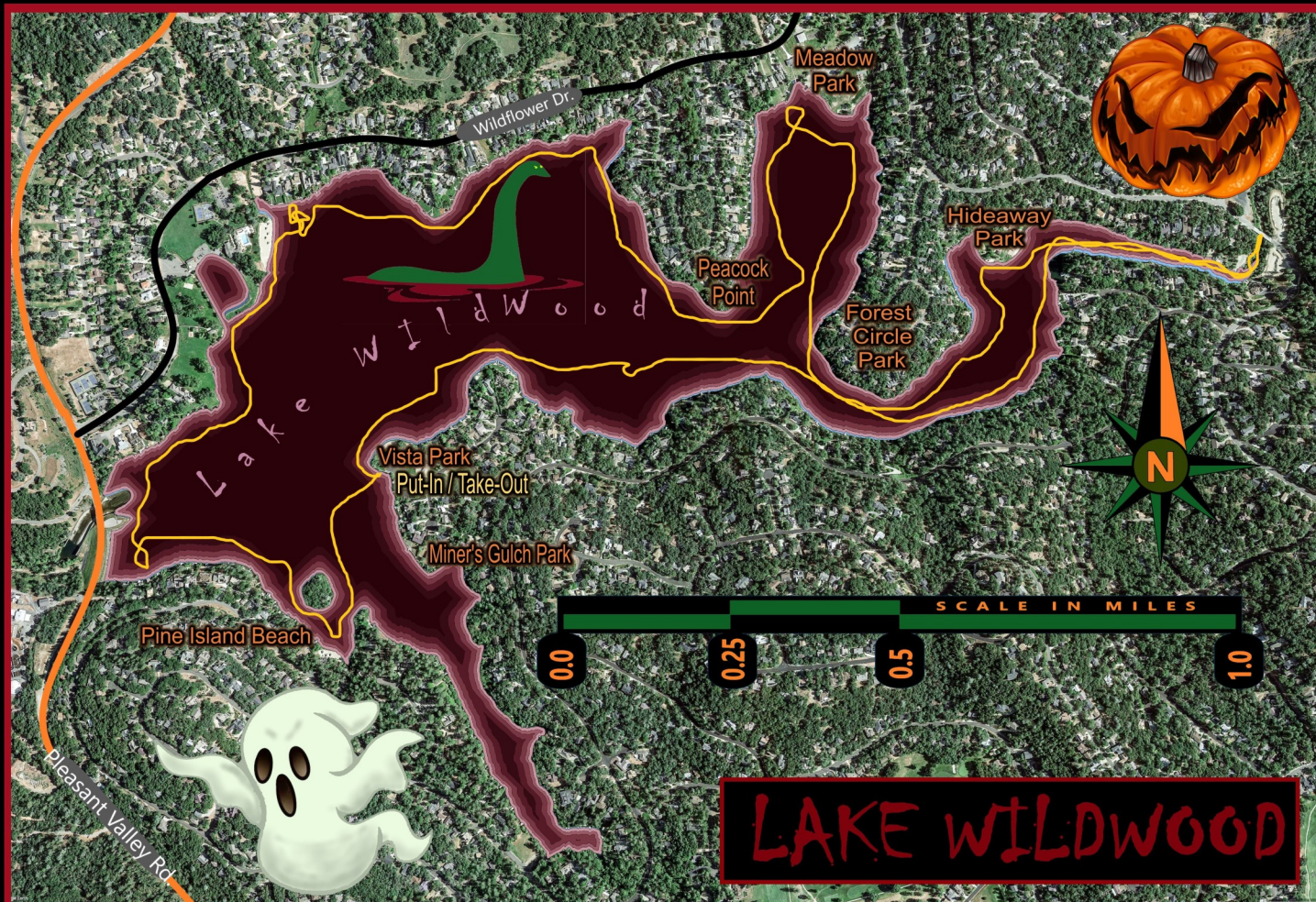
Peter & Keith



Photos on Next Page

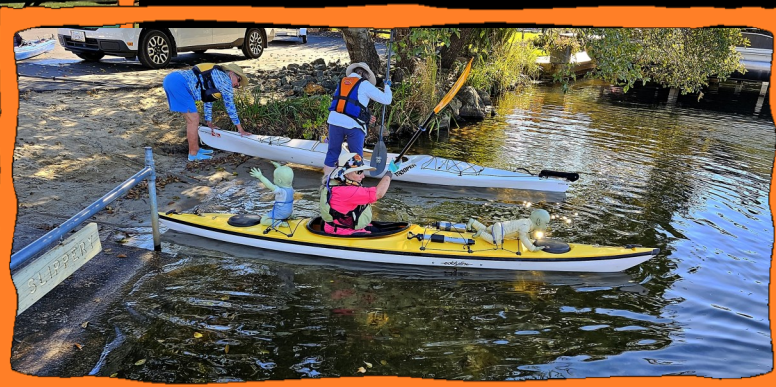


# Lake Wildwood Halloween Paddle





# Lake Wildwood Halloween Paddle





# Lake Wildwood Halloween Paddle



More Photos on the website  
[Click HERE](#)





# Venue of the Month



Location	Placer County, California
Coordinates	<a href="#">38°56'38.7"N 121°00'08.5"</a>
Type	Reservoir
Primary Inflows	<a href="#">N. Fork American River</a>
Primary Outflows	<a href="#">N. Fork American River</a>
Built	1939; 84 years ago
Height	155 ft. (47 m)
Max Depth	146 ft. (44 m)
Max. length	3.5 mi (5.6 km)
Max. width	300 ft (91 m)
Settlements	<a href="#">Auburn, California</a>

**Lake Clementine** (also known as **North Fork Lake**) is a reservoir on the North Fork American River Canyon above the picturesque, California Gold Rush-era town of Auburn (elevation 1,200 feet (370 m)) in Northern California. It was created in 1939 when the **North Fork Dam**, a 155-foot (47 m) tall constant angle arch dam, was completed by the United States Army Corps of Engineers, for the purpose of containing gold-mining debris which were washing downriver. This resulting reservoir is a long and narrow lake approximately 3.5 miles long and 300 feet wide in some areas.<sup>[1]</sup> The lake and surrounding area is owned by the United States Bureau of Reclamation and managed by California Department of Parks and Recreation.

The reservoir is open to boat traffic, a water-skiing and wakeboarding spot during the summer. However, it is possible to quietly enjoy the lake for kayaking, rowing, and fishing. It features steep forested canyon walls and

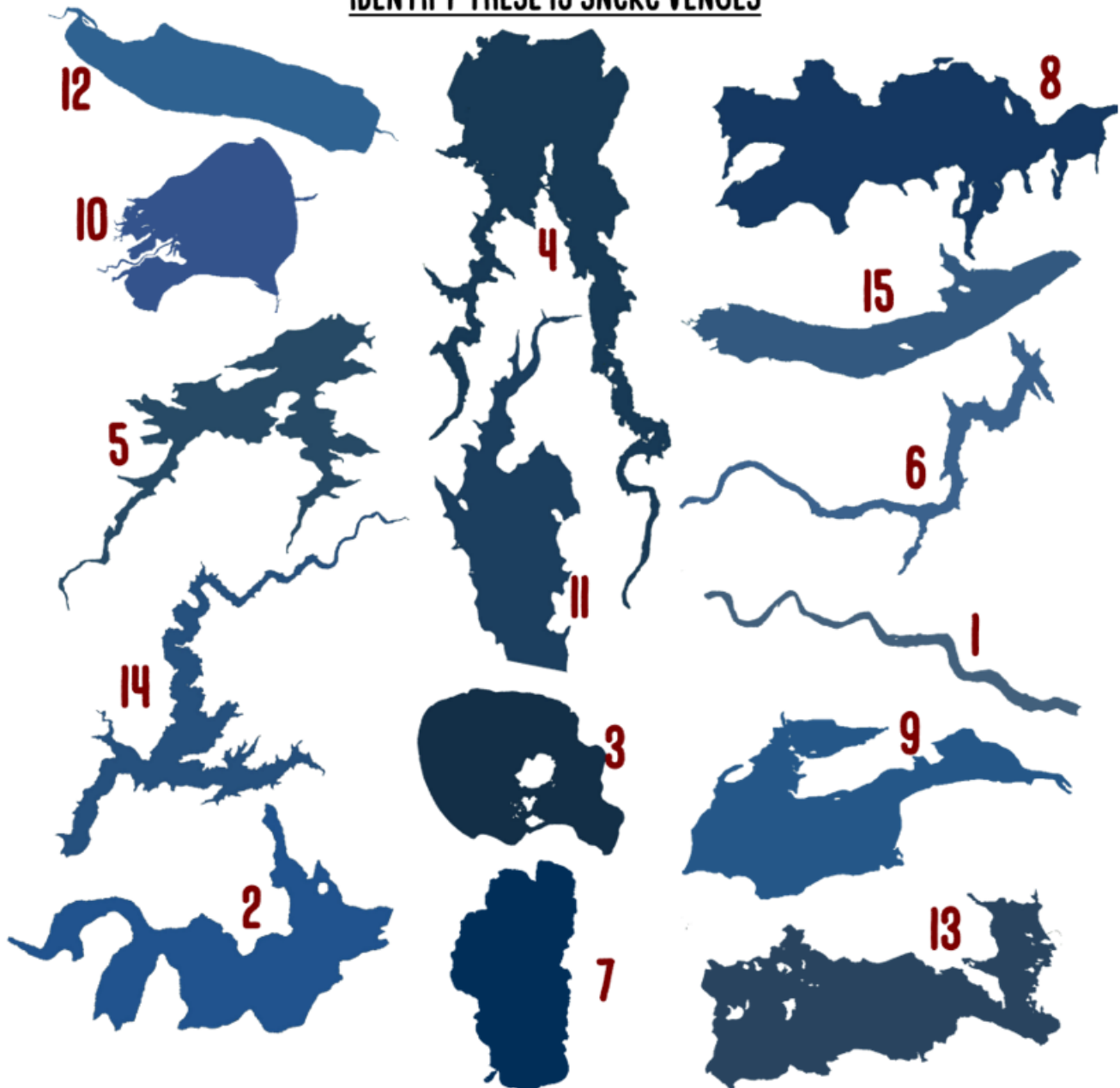
contains several large high quality limestone deposits, one large vertical outcropping of which is known as Robbers Roost, and offers climbing and caving opportunities for the adventurous. Because the dam is designed so that the river flows over its top, a waterfall is created that grows impressively large in winter and spring when rain and snow melt cause high river flows.

You Can Find More Information on Lake Clementine at [Lake Clementine- Wikipedia](#)



# Quiz Answers

## IDENTIFY THESE 15 SNCKC VENUES



5 CAMP FAR WEST

1 CLEMENTINE RES.

11 COLLINS LAKE

12 DONNER LAKE

6 ENGLEBRIGHT RES.

4 FOLSOM LAKE

9 JACKSON MEADOWS RES.

8 LAKE SPAULDING

7 LAKE TAHOE

15 LAKE VALLEY RES.

2 LAKE WILDWOOD

13 LOON LAKE

3 MONO LAKE

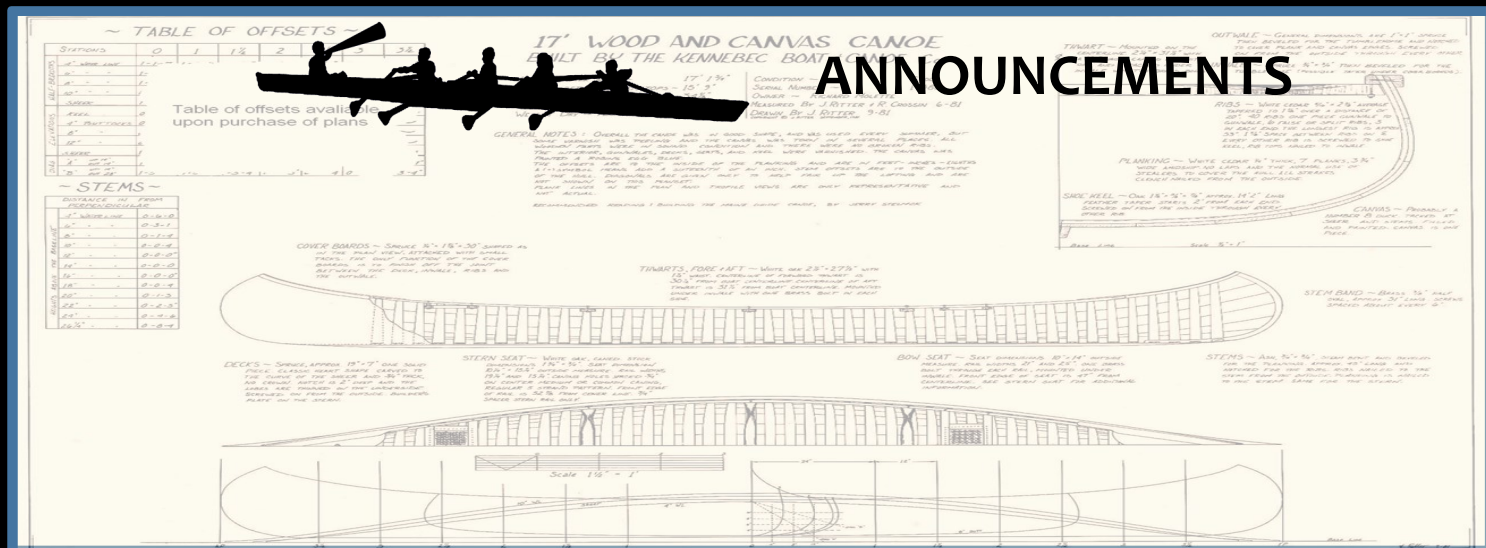
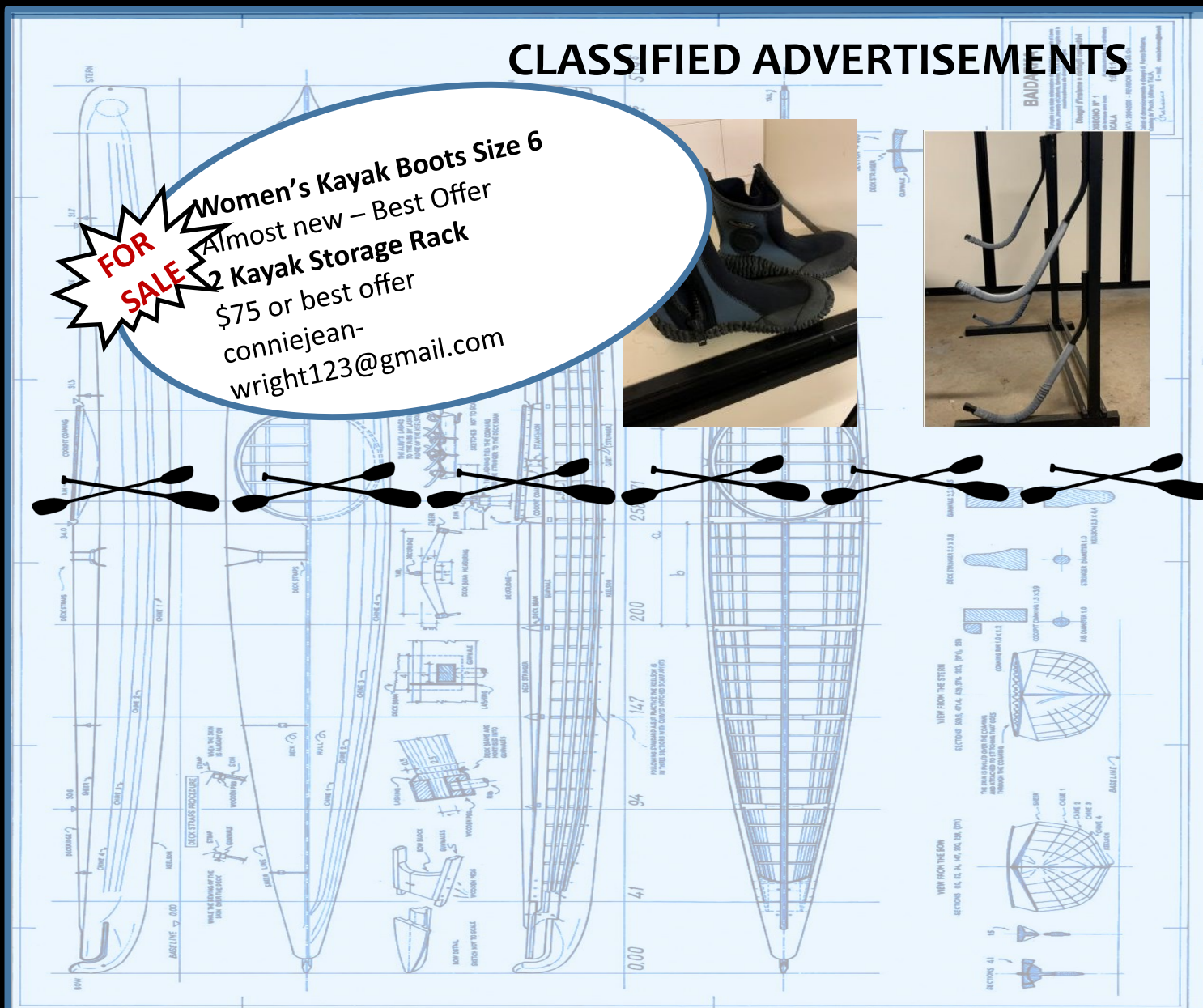
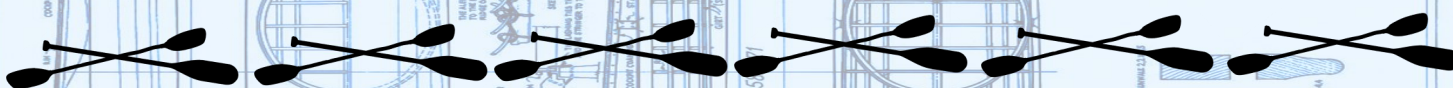
14 NEW BULLARDS BAR RES.

10 WEBBER LAKE



# CLASSIFIED ADVERTISEMENTS

**FOR SALE** Women's Kayak Boots Size 6  
Almost new – Best Offer  
2 Kayak Storage Rack  
\$75 or best offer  
conniejean-  
wright123@gmail.com





# WHERE'S THE KAYAK?

Peter Johnson correctly identified last months picture as being from Fort Bragg/Mendocino.

First member to send the correct name of the venue below receives a newly minted, 3-inch in diameter, SNCKC sticker (shown below on the lower left).

Send your answers to [keith@zwrvr.net](mailto:keith@zwrvr.net)



## Current SNCKC Officers



- |                     |                   |                             |                     |
|---------------------|-------------------|-----------------------------|---------------------|
| • <b>President:</b> | Chris Crain       | • <b>Treasurer:</b>         | Colleen Wirth       |
| • <b>Trips/VP:</b>  | Rachel Finson     | • <b>Membership:</b>        | Susan Rossman       |
| • <b>Programs:</b>  | Debi Savoy        | • <b>Communications:</b>    | Gwen Huff           |
| • <b>Secretary:</b> | Marna Duncan      | • <b>Newsletter:</b>        | Keith Schoendoerfer |
| • <b>At Large:</b>  | Marlee Chamberlin | • <b>Honorary (Founder)</b> | Kit Wiegman         |

FIND OUR WEBSITE AT

[mysnckc.org](http://mysnckc.org)

