

SIERRA NEVADA CANOE AND KAYAK CLUB

TRIP PARTICIPANTS' RESPONSIBILITIES

Before the Trip

- Contact the leader for trip information if you are unsure whether or not your skills and equipment match trip specifics.
- Participants must let the trip leader know if they intend to go on a trip or if they have signed up and need to cancel.
- Leaders may require additional specific equipment, e.g., spray skirt.
- RECOMMENDED
 - Participate in a self or assisted rescue practice at least once a year. The club provides a professional practice session in the summer.
 - You may want to watch some helpful videos on the Coach's Corner of the SNCKC website (under the 'Resources' tab).

Gear

- Wear clothing appropriate for conditions and potential cold-water immersion (synthetics and in layers).
- Have spare clothing and a towel in a waterproof bag in the boat.
- Wear Coast Guard approved personal flotation device (PFD) sized appropriately, fastened, and fitted snugly
- Attach a whistle to your PFD for signaling.
- RECOMMENDED Bring rescue devices such as:
 - Bilge pump and paddle float
 - Repair kit (duct tape, nylon line, etc.)

Prior to Launch

- Note that arrival time and launch time are not the same. Arrive early enough to set up your boat and gear prior to the launch time. 30 - 40 minutes before launch time is recommended.
- Each member and guest(s) will sign the trip specific Waiver and Release of Liability form provided by the trip leader before launching.

On the Water

- Each participant is responsible for his or her own safety.
- Stay with the group.
- If you must leave before paddle ends, notify the Trip Leader.
- In the event of an emergency, follow the directions of the trip leader or closest rescue person.
- No alcohol or recreational drug consumption are allowed during the paddle.

Additional Responsibilities for Camping Trips

- Monitor the campsite before retiring for the night and remove any food items that could attract animals. If not the last person to retire for the evening, ensure that someone will remove food items before everyone retires.
- Check the campfire to ensure that it is thoroughly extinguished. If not the last one up, ensure that someone else will extinguish the fire.